

## Trial-based comparative cost effectiveness analysis of gym versus home-based exercise programs with telephone follow up for adults with chronic health conditions

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### Interventions



### Incremental cost effectiveness ratio

$$\frac{[\text{Costs (telephone)} - \text{Costs (gym)}]}{[\text{QALYS (telephone)} - \text{QALYS (gym)}]} = \$491,572 \text{ AUD at 2011}$$

$$[\text{QALYS (telephone)} - \text{QALYS (gym)}]$$

Favours gym  
↑  
↓  
Favours telephone

### Cost effectiveness plane

