

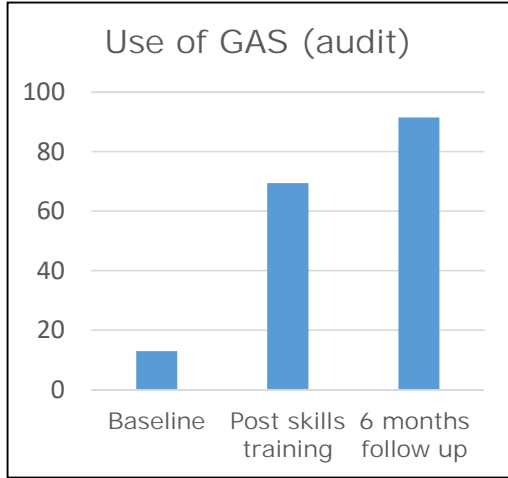
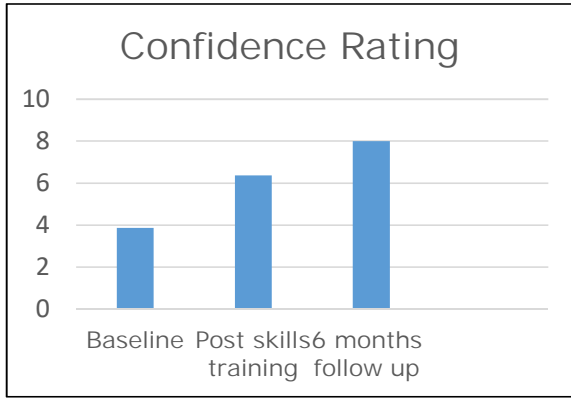


Goal attainment scaling within a community-based multidisciplinary neurorehabilitation service: behaviour change and knowledge translation

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Independent Rehabilitation Services (IRS) is a provider of multidisciplinary community-based neurological and general rehabilitation. Following an Occupational Therapy (OT) service review in 2013, we recognised the need for more consistency in our use of evidence based outcome measures to evaluate our client's progress and effectiveness of intervention. Goal Attainment Scaling (GAS) was selected as an appropriate outcome measure to evaluate goal achievement with our client population. The aim for the OT team was to consistently complete the GAS as an outcome measure for all appropriate clients, and to increase the OT's confidence completing the GAS.

RESULTS

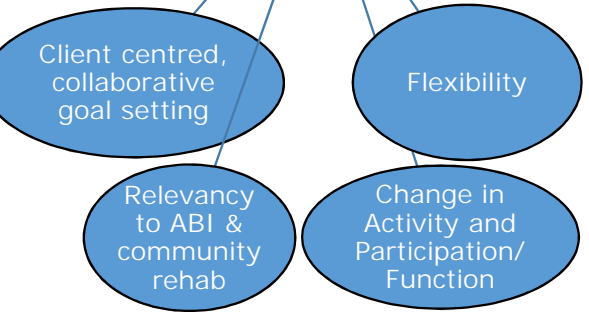


CONCLUSION

Peer support and practise enabled the OT team to effectively implement the GAS with increased confidence and consistency. This was embedded through the skills training, alongside development of appropriate resources and processes. The process is now also consistent across the IRS three disciplines (OT/ Physiotherapy and Speech Pathology).

Why use the GAS?

Literature review conducted, reviewed in OT journal Club



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