

Clinical supervision training – improving clinician skill and confidence

Aim: To investigate whether Clinical Supervision training, developed by Western Health Allied Health and Community Services (AH&CS), improved clinician self-rated understanding and confidence related to Clinical Supervision.

Method: Pre and post study of AH&CS clinicians undertaking a training program consisting of a workbook and interactive workshops between April and June 2016. Supervisees participated in one 2.5 hour workshop.

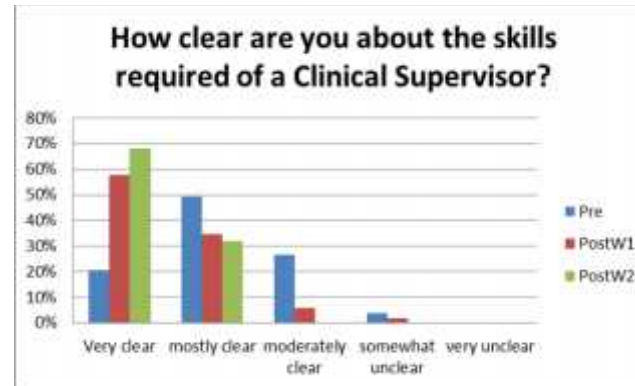
Supervisors participated in two 3.75 hour workshops. Participants completed an online survey before training and following each workshop to evaluate knowledge and confidence related to Clinical Supervision.



Results:

153 supervisees and 188 supervisors participated in the training. Survey response rate for supervisees was 89.5% pre training and 18.3% post workshop. Supervisor response rate was 70.2% pre training, 27.7% post Workshop 1 and 31.7% post Workshop 2.

Supervisees who are 'very clear' or 'mostly clear' regarding Clinical Supervision requirements increased from 69% to 89%.



Supervisors who are 'very clear' or 'mostly clear' about skills required of clinical supervisors increased from 70% to 100%. Supervisors who are 'very confident' or 'confident' to practice Clinical Supervision increased from 53% to 84%.

Significance of the findings: This innovative program enhanced clinician knowledge of Clinical Supervision skills and improved supervisor confidence to deliver Clinical Supervision. Effective Clinical Supervision is positively associated with developing clinical competence, improved communication and leadership skills. Therefore, it is anticipated this training will lead to improved patient care although this requires testing.

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